



Christian Sexuality Education Lesson Plan
Grade 1-3: Christian Identity

	Grade 1	Grade 2	Grade 3
1A: God's Creation	Major	Minor	Minor
1B: What is the image of God	Minor	Major	Minor
1C: Self-worth	Major	Minor	Major
1D: God created me Holy	Minor	Major	Major

1. Lesson sub-topics

- Who am I?
- Understand how much God loves us and cares for us.
- Our body is a gift from God.
- Love God and ourselves.
- Review / Questions.
- Prayer.

2. Lesson Objectives

By the end of this lesson, you will be able to:

- Understand that God is the Creator of everything and everyone.
- Explain how wonderful we are made, created in God's image and likeness
- Share the story of how God created Adam and Eve, the first man and woman to establish the first family.
- Identify that we are children of God – we were created differently from animals and plants. We have a spirit and logic (which means we can think through things and make decisions).
- Understand the meaning of self-worth: We should be happy and proud with ourselves.

- Be thankful for how unique we are.
- Realize that our bodies are the temple of the Holy Spirit. As such, our bodies need to be preserved in purity with the spirit and mind.

3. Servants' resources/references

- Bible.
- Curriculum guidelines.
- Listening to sermons regarding Christian Identity for servants' awareness.
- <https://upperroommedia.org/topics?sapurl=Lys2ZTcxL2xiL2xpLys2aGp0ZGhqP2JyYW5kaW5nPXRYdWUmZW1iZWQ9dHJ1ZQ==>
- Online research.

4. Lesson Content and timing

Red: Sub-topic

Green: Open ended question for the students.

Blue: Conclusion

Purple: Verses within the lesson

Remind the children to listen Attentively.

What does that mean? Attentively means listening with your (Mind, ears and eyes)

A. Review Previous lessons (5 Min.)

N/A

B. Opening / Icebreaker (5 Min.) Different for each grade: Example:

G1: Questions for my bear

Questions for My Bear

1. Do you have any sisters or brothers?

- If you have a sister, colour the bear's tummy red.
- If you have a brother, colour it blue.
- If you have both colour, the bear's tummy purple.



2. Do you have any pets?

- If yes, colour the bear's feet green.

G2: "Getting to know you" game



Children (and adults) stand in a circle. An adult starts the game by throwing a beanbag or ball at someone in the circle and asking a question at the same time - such as "What's your name?", "Do you have a brother or sister?", "What's your favourite colour?" and so on. The person who catches the beanbag/ball must answer the question and then throw it on and ask their own question. The game works best if you keep it moving quite quickly, so you may have to step in to prod or encourage very young children.

G3:



Begin the lesson by writing the names of several different animals on post-it notes.

Put an animal on each student's back without them seeing it. Then, have children walk around to try to figure out what animal they have. Here's the catch: there is no talking allowed in this game. Students are to shrug at another to ask what animal they have. The responder can act out the animal or make its noise, but the guesser can only speak to make an educated guess at what creature they have. Once they have figured out their animal, students are to act like it around the room.

C. Present the new information/lesson Outline (40-45 Minutes)

Section I (10-15 Min.):

1A: God's creation

Who created you? Who gave you your hair color, your height, and made you the way you are?

Because God is so loving, he wanted to share His beautiful creations with us. But He created us differently.

Who can tell me how we were created?

“And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being.” Genesis 2:7.

God created Adam and Eve to make the first family, first man and woman.

God's children: Like our parents, God wants to GIVE us everything, LOOK AFTER us, PROTECT us, GUIDE us, LOVE us, and wants us to live in true joy.

God put people in charge of animals and even let Adam name them. Adam needed more than just pets, so God gave Adam a companion. And that was the first family: a father and a mother. “ And the Lord God said, “It is not good that man should be alone; I will make him a helper comparable to him.” Genesis 2:18.

Objective → To understand that God is the creator, and He created the first man Adam and first women Eve to establish the first family, and similarly there is a father and a mother as parents.

1B: What is the image of God?

What does it mean that you are created in the image of God?

We are created in the image of God, His likeness in love, kindness, and care. Just like how we look like our mom and dad, we are also created in God's image. And God breathed into Adam the breath of life.

What does it mean to be a child of God?

Talk to God everyday and share my day with Him. His holy spirit works in me.

My parents teach me about God.

The priest guides me spiritually.

This means that I have the Bible as my guide.

I have my church that helps me stay connected with God.

Objective → To know that we are not just materialistic animals who are only here to survive in the flesh and body, but we also have spirit and logic.

Section II (15 Min.):

Servants can use this section for an activity/video of choice (Please refer to the group activity section or Videos for each grade section).

Section III (15 Min.):

1C: Self-worth

When we do something good, it is important to feel good about ourselves and give Glory and thanks to God.

We are special because we are God's children.

All human bodies are equally important – there are people who look different than us, or have special needs and need assistance in walking or talking. We need to respect each other.

Each person should be proud of his/her own body – because God created our bodies.

Our differences make us unique – Were you created the same as your friend? Individual bodies are different in sizes, shapes, and colors.

(This point is for the servants only) Did you know God creates work of art? The Bible says that we are His workmanship. He has worked on us and thought about how we would look, the type of person we would be. Our talents, our dreams. Our likes and dislikes and our unique personalities there is nobody else like each of us on the planet!

We are children of God! “No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you.” John 15:15. When we pray, we say “Our Father who art in heaven”

“I'm fearfully and wonderfully made” Psalm 139:14. David didn't complain or moan about the way he looked or compare himself to others. He knew that God loved him just how he was. He was thankful because he knew that God had fearfully and wonderfully made him.

What does fearful mean?

The word fearfully is another way of saying “wow” and being awe: amazed at what GOD can do! God had created David in a way that was wonderful. David praised God for how amazing God's creation is.

Objective → To recognize how unique they are, and to feel joy and thankful.

1D: God created me holy.

God said to Adam that if you eat from the tree of Knowledge of Good and Evil, you shall die. The result of sin (disobeying God) is death. But even though we sinned, and saddened God, He loves us so much that He died for us on the cross.

Our nature was renewed in baptism (new creation).

Does anyone know about the life of a butterfly?

The caterpillar is small and a little creepy. But after it transforms into a butterfly it looks beautiful. We are precious to our Creator, after baptism we become children of God. We are given a new nature and the Holy Spirit within us that guides us and helps us grow. We are a new creation. **“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new”** 2 Corinthians 5:17

You are the temple of God.

What does the word temple mean?

The Holy Spirit lives in me and I have accepted Jesus into my life, God created all my body organs; each part is holy and has a function. In Baptism, the priest anoints the child 36 times with the Holy Myroun Oil, so each part of the body is sanctified.

Can you name your body parts?

Since our bodies are the temple of the Holy spirit, **how do we take care of it?**

I have to take care of this body and spirit that God gave me.

- Read
- Eat healthy
- Have enough sleep
- Feed my spirit by prayers, reading the bible, and partaking of the Holy Communion

Objective → To understand that the body is just as equally important and needs to be preserved in purity with the spirit and mind. Emphasize that all parts of our body are important and have a purpose is God's divine design for each of us.

Verse of the day:

G1: “For as many as are led by the Spirit of God, these are sons of God” **Romans 8:14**

G2: “For you are all sons of God through faith in Christ Jesus.” **Galatians 3:26**

G3: “So God created man in His own image; in the image of God, He created him; male and female He created them.” **Genesis 1:27**

(Printable for giveaways):

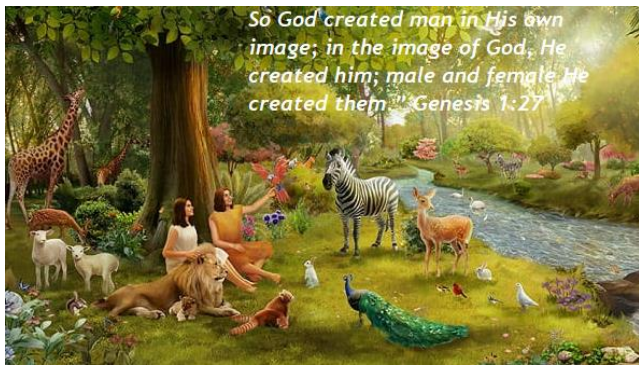
G1:



G2:



G3:



D. Lesson review and what did you learn in the session? (5 Minutes)

Review

- What
- How

Questions:



E. Prayer:

Heavenly Father,

Thank you, Lord, for creating me to be unique and special. Thank you for creating me in Your own image. Thank you for loving me so much that You gave me the breath of life.

Please help me appreciate how you have made me, and how great I am because I am Your child. Please help me take care of myself and listen to my parents and the priest.

Please hear us when we say: Our Father...Amen

5. Practical application of the lesson to SSSs lives

- Does your life reflect our Lord Jesus Christ? Your actions? Your thoughts? Your feelings?
- If someone describes you, what Christ-like characteristics would they describe in your life?
- What would you change in your life to reflect the image of Christ?

6. Videos – Relevant for each Grade

Servant should introduce the video, ask students to listen carefully and set some expectations for a discussion after watching the video.

G1: YouTube: Primary Year A Quarter 1 Episode 12: "Let the Children Come"

https://www.youtube.com/watch?v=QPDL_xFCqhw&list=PL4mw1hjiJApbGGTILXx_lcvebrEOP6nox&index=1

G2: YouTube: God's Story: God Made People

<https://www.youtube.com/watch?v=ZZPfCWV81pE>

The servant should pause at the narrator's statement (we do not know what is God's image), perhaps the servant can show Jesus's picture, then can continue the video.

G3: YouTube: [What Is Identity? - YouTube](#)

<https://www.youtube.com/watch?v=fjM6QxXknms>

7. Group Activity

G1: song – I am a child of God - <https://www.youtube.com/watch?v=s5MeNT1GEAI>

Let's stand up and follow the song together.

G2: PIECES OF A PUZZLE

Children could make a jigsaw puzzle of themselves, by drawing a self portrait and cutting it up into five or six pieces. On the back of each piece they could write about an aspect of their identity. This activity is a good way to open a discussion about how complex identity can be, due to the many factors shaping it, a bit like pieces of a puzzle.

G3: Craft#1 : Using a stamper and the fingers of students, have each rub a thumb or ink on the stamper pad and stamp a clear paper with their fingerprint. Have them look carefully at it. Students can even exchange them with one another to see their own uniqueness in the way God created them.

Craft#2

They can make handprint and on each they write the five signs

- Sign One: "You are unique"
- Sign Two: "You are Wonderfully Made"
- Sign Three: "You are created by God"
- Sign Four: "You are Known by God"
- Sign Five: "You were created to be YOU!"
- Practical applications
- Give thanks to God in your prayers for creating you so special and count your blessings
- When you ask God to forgive you for doing something wrong, you should remember his love when He died on the cross for you.

8. Home Activity with mom/dad

G1: God made me craft.

Get a sheet of foil and cut it as a circle and stick-on hard paper with the wood stick



G2: Christian Passport:

What would you write on your Passport? Your name? Your date of birth? How about if it's a Christian passport? What would you write?

<p>CHRISTIAN PASSPORT</p> <p>NAME: _____</p> <p>FATHER: GOD</p> <p>MOTHER: CHURCH</p> <p>DATE OF BIRTH: BAPTISM DATE</p> <p>EXPIRY DATE: NEVER</p> <p>TRAVEL DESTINATION: HEAVEN</p> <p><i>I am a Child of God</i></p> <p><i>A Loved One</i></p> <p><i>God is My Shepard</i></p> <p><i>I am Christian Orthodox</i></p> <p>God Sends Me Help</p> <p><i>Bible is My Reference</i></p> <p><i>Repentance Cleanses Me</i></p> <p><i>My Body is a Gift From God</i></p> <p>A Pure One</p> <p>I Choose God's Way</p>	<ul style="list-style-type: none">• I'm a child of God• I'm a Loved one• God is my Shepherd• Bible is my reference• God sends me help• I am Christian Orthodox• Repentance cleanses me• I'm Pure• My body is a gift from God• I choose God's way
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G3:

Color in the first page.
Cut out both circles.
Make a small hole into the middle of the circles and stick a metal brad through it.
Open and bend the legs.

