



Christian Sexuality Education Lesson Plan
Grade 7-9 : Christian Identity

	Grade 7	Grade 8	Grade 9
1A: God's creation	Minor	Major	Minor
1B: What is the image of God	Major	Minor	Minor
1C: Self-worth	Major	Minor	Major
1D: God created me Holy	Minor	Major	Major
1E: I am my sexuality vs I am God's image	Major	Minor	Minor

1. Lesson sub-topics

- **Who** am I?
- **What** happens when I find out who I am?
- **How** does it work?
- **Why** does the knowledge of who I am matters?

2. Lesson Objectives

By the end of this lesson, you will be able to:

- Identify that you are the child of God.
- Demonstrate that your belief is based on the Truth. The truth is Christ.

- Explain that your self-worth is based on your worthiness in God’s eyes. You are God’s masterpiece.
- Understand that our behavior and decisions reflect our identity but are not our identity.

3. Servants’ resources/references

- Bible.
- Curriculum guidelines.
- Online: Videos / songs
- Listening to sermons regarding Christian Identity for servants awareness.
- <https://upperroommedia.org/topics?sapurl=Lys2ZTcxL2xiL2xpLys2aGp0ZGhqP2JyYW5kaW5nPXRYdWUmZW1iZWQ9dHJ1ZQ==>
- <https://www.openbible.info/topics/identity>

4. Lesson Content and timing

Red: Sub-topic

Green: Open ended question for the students.

Blue: Conclusion

Purple: Verses within the lesson

Reminder youth to listen Attentively.

What does that mean? Attentively means listening with your (Mind, ears and eyes)

A. Review Previous lessons (5 Min.)

N/A

B. Opening / Icebreaker (5 Min.) Different for each grade: Example:

G7: Make a poll about personality traits and ask each youth to pick their most positive trait. (kind, helpful, optimistic, realistic, generous, humble, fair)

G8: Ask youth what is your favorite school subject & your favorite sport if you play any.

G9: Ask youth “Tell me three words that you think identify you” and what if you lose?

C. Present the new information/lesson Outline (40-45 Minutes)

Section I (10-15 Min.):

Who am I?

If a police officer stops you, they will ask you who you are. What will be the first thing he wants to see? he will ask for a piece of I.D. This is to know who you are. It will tell your name, height, eye color, and a picture. It only shows the physical features, age, gender, what you do (in some countries).

It has a lot of pieces of your information. Is that really who you are? Each one of you will graduate from a major, and then also do sports on the side. If someone asks you who you are, you will say I am an engineer, I am an artist, or I am a pianist.

Many things identify who you are. If you put your identity in something that can be taken away, your abilities, your relationships, your money, your talent – anything materialistic or emotional – and it can be taken away in seconds, and never come back. Chances are you will be devastated if this is taken from you. You need to root your identity in what never changes, the one that is there from the beginning.

You are made in the image and likeness of God.

The image of God is Christ, through the incarnation we saw God.

1A: God's Creation

- God created Adam and Eve, pure and holy. When they committed sin, they felt ashamed and they thought they were naked! The shame and fear with the sin consequence.
- “Then the eyes of both of them were opened, and they realized they were naked; and they sewed fig leaves together and made themselves coverings” (Gen 3:7)
- Our identity is obtained from God and with His redemption, we are “called children of God” (1 John 3:1) & (John 1:12)
- God is constantly pouring out His grace and reminding us of who we are. He is constantly reminding us not to dwell on failures, but rather repent and receive His grace, and move on.

Objective → To understand that God’s creation for Adam and Eve was perfect, any and all guilt and shame they experiences were the consequences of sin. These feelings now lead us to say sorry for mistakes, to receive God’s forgiveness and mercy through confession and then ask God to help us not make those mistakes again, through our repentance.

1B: What does it mean to be the image and likeness of God?

God is pure, I'm originally created to be pure.

God is the truth.

Do you remember this picture? That's Pontius Pilate and our Lord Jesus. John 18: 37. "Pilate therefore said to Him. " Are you a King then?" Jesus answered, "You say rightly that I am a king. For this cause I was born, and for this cause I have come into the world, that I should bear witness to the truth. Everyone who is of the truth hears my Voice". Pilate answered, What is Truth? Jesus did not answer him because the Truth was standing in front of him.

My will should be according to God's will

When we have a pure heart and loving attitude towards everyone, we restore God's image in us.

Child of God Belief system is composed of multiple elements that are revolved around:

1. My conscience is guided by the holy spirit.
2. The Holy Bible "For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart." Hebrews 4:12,
3. The church: how the church understands the bible, all the writings of the early fathers, the apostles writings, the saints, the sacraments of the church. It's important to be an active part of the church, (not just attending church passively).
4. The priest: Your father of confession can be your mentor. He can guide you in your spiritual life and struggles that you go through. You may also have some role models, they can be your Sunday school teachers, your relatives, or someone you judge his/her life according to the church's role model. A life mentor could be someone who is physically dead (has already departed) – we listen to their sermons or read their books. Can it be someone from high school or university? Definitely not because they are still growing like you are.
5. Your parents.

Objective → To understand who we are and our belief system.

Section II (15 Min.):

Servants can use this section for an activity/video of choice (Please refer to the group activity section or Videos for each grade section).

Section III (15 Min.):

G7:

1C: Self-Worth

o My identity does not lie in my mistakes, my struggles, my embarrassing moments, those are discouraging negative voices in my head. My identity comes from God.

o The secular world view of self-value or self-worth is influenced by figure and achievements. These are a part of life on earth but NOT the factors of my value. I am very loved and valuable through Him; I am so valuable that He died for me. Our worthiness is in His blood shed on the cross to give us eternal life. “I am fearfully & wonderfully made” (Psalm 139:14)

“Since you were precious in My sight, You have been honored, And I have loved you; Therefore I will give men for you, And people for your life.” (Isaiah 43:4)

o My value comes from God, Jesus gave His life to save me. If the whole world were only me, He would come and die for me. “My Lord, you embrace my presence with your care, as if you do not look to the last but watch over me as if you have forgotten the whole creation, giving me your gifts and as if I were the only subject of your love” St. Augustine

o Each one of us has an earthly father and God is our heavenly Father. “your heavenly Father” (Matthew 6:26) Our worthiness comes from God.

“Do not let your adornment be merely outward—arranging the hair, wearing gold, or putting on fine apparel rather let it be the hidden person of the heart, with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God.”(1 Peter 3:4)

Objective → To realize that self-value comes from Christ.

G8:

1D: God created me holy

- God creates our body, mind, and spirit, holy and pure. My body does not have less value of my spirit nor more value than my mind. All are created pure and equally important.
- God created sexuality for marriage, so husband and wife enjoy unity emotionally, spiritually, and physically

Objectives → Build on the balanced idea about human body, to further explain the honor of human body to gift it to future spouse or for purity for God's purpose.

G9:

1E: I am my sexuality vs I am God's image

- My body is a gift from God to me. Sexuality is only part of my life. It is not the center of my life, God is. “Do you not know that your body is the temple of the Holy Spirit” (1 Corinthians 6:19-20)
- What do you do with your most precious gift? Yourself!
 - Grow your mind in education
 - Grow your spirit in life of prayer
 - keep your body pure, healthy and safe



Wheel reference: <https://teachingsexualhealth.ca/>

Objectives → To realize the difference between God's plan and world's view of sexuality, please check sexuality wheel

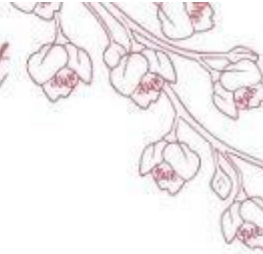
Verse of the day:

G7: “But as many as received Him, to them He gave the right to become children of God, to those who believe in His name” **(John 1:12)**

G8: “Behold what manner of love the Father has bestowed on us, that we should be called children of God! Therefore the world does not know us, because it did not know Him” **(1 John 3:1)**

G9: “For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them” **(Ephesians 2:10)**

My Identity in Christ



Discover and know WHO YOU ARE.

I am always...

- DEEPLY LOVED (Ephesians 3:17-18)
- BLESSED (Ephesians 1:3)
- A NEW CREATION (2 Corinthians 5:17)
- FORGIVEN (Acts 13:38-39)
- SPIRIT-FILLED (1 Corinthians 3:17)
- COMPLETE (Colossians 2:10)
- GOD'S MASTERPIECE (Ephesians 2:10)
- SET FREE (Romans 8:2)
- HOLY (Ephesians 1:4)
- GRACE-FILLED (Romans 5:17)
- RESCUED (1 Thessalonians 1:10)
- CHOSEN (1 Peter 2:9)
- ACCEPTED (Ephesians 1:6)
- AN AMBASSADOR (2 Corinthians 5:20)
- COVERED IN RIGHTEOUSNESS (2 Corinthians 5:21)
- REDEEMED (Colossians 1:14)
- HEALED (1 Peter 2:24)
- SAVED (Ephesians 2:5-6)
- A CHILD OF GOD (1 John 3:2)
- FREE FROM DARKNESS (Isaiah 61:1)
- BELOVED OF GOD (Romans 1:7)
- JUSTIFIED BY FAITH (Romans 5:1)
- ALIVE IN CHRIST (Romans 6:11)
- ADOPTED (Ephesians 1:5-6)
- MEMBER OF CHRIST'S BODY, THE CHURCH (Ephesians 5:29-30)
- HEIR OF GOD (Romans 8:16)
- FILLED WITH THE FRUIT OF THE SPIRIT (Galatians 5:22)
- ROOTED IN LOVE (Ephesians 3:17)
- RECONCILED TO GOD (2 Corinthians 5:18)
- UNIQUELY GIFTED (1 Peter 4:10)



www.raiseyoursword.com

Who I Am in Christ

10 PRINTABLE PRAYER CARDS

loved

Dear Heavenly Father,
I believe that I am

loved by You,

just as you say in your word.
This is who I am in Christ: loved.

Reference: 1 Thessalonians 1:4

redeemed

Thank you, Lord Jesus,
that I have

redemption

through your precious blood,
which was shed for me.
I am redeemed because of you.

Reference: Ephesians 1:7

accepted

Dearest Heavenly Father,
I'm so thankful that I am

fully accepted

in Christ,
because of your goodness.

Reference: Romans 15:7

adopted

Thank you my Father above,
that I am freely

adopted as your child

and am accepted into your Family.
I love being your child.

Reference: Ephesians 1:5

2" x 3.5" Printable Prayer Cards
Who I Am Collection #1 -Instant Download-

D. Lesson review and what did you learn in the session? (5 Minutes)

Review

- **How do we know that we are children of God?**
- Since the day that God created the whole universe, God created Man in his own image. He created Him Male, and Female – that’s our gender. Both of them were created as per His own image, and that’s why we say that we are the children of God. We are a reflection of God – I am the image of God.
- **What does that mean that I am the image of God?**

Questions:



E. Prayer:

Heavenly Father,

Praise You for never leaving me alone or forsaking me!

Search me, O God, and know my heart; Try me and know my anxious thoughts; And see if there be any hurtful way in me, And lead me in the everlasting way. Mold me more into Your image this day. Help me never forget Whose I am Father.

Please hear us when we say: Our Father...Amen

5. Practical application of the lesson to SSSs lives

Pre-eminence of God, First in everything.

- Being teenagers and Christians. We learn stuff as who we are in a different way: **Moralistic Therapeutic Deism**: Moralistic, means that we are being taught that being Christians is about morals: knowing the morals – do what’s good and what’s bad. Therapeutic means what feels good for us. Deism: means that there is a God. If we are good, we go to Heaven and if we are bad, we go to hell. We avoid the consequences that will make us get punished.

- {{{ [this is for servants or mature youth](#) summary of Moral Therapeutic Deism (MTD) is in five points:
 - A God exists who created and orders the world and watches over human life on earth.
 - God wants people to be good, nice, and fair to each other, as taught in the Bible and by most world religions.
 - The central goal of life is to be happy and to feel good about oneself.

 - God does not need to be particularly involved in one's life except when God is needed to resolve a problem.
 - Good people go to heaven when they die.
- Sometimes, that's what we tend to understand about Christianity. It's not the right teaching at all. If something we do not understand happens in our lives like "Why didn't I go to the university that I wanted?" Sometimes we think that God owes me because I am being good. God owes us nothing. God is not in debt for us. We don't put God in debt because of our behavior.
- We don't follow God's commandments because we're expecting something back from Him. God is not working for us. God gave His life for us so we can inherit His kingdom. This is the most important thing in your life.
- We should always trust God and have faith in Him no matter what happens. The true reward is oneness and unity with God.
- Colossians 1:18 "And he is the head of the body, the church: who is the beginning, the firstborn from the dead; that in all things he might have the preeminence"

6. Videos – Relevant for each Grade

Servant should introduce the video, ask students to listen carefully and set some expectations for a discussion after watching the video.

G7: YouTube: Our Identity in Christ

<https://youtu.be/6yqRZ68rWzY> (please stop the video at 1:50)

G8: YouTube: (Who am I? || David Bowden || Spoken Word) (Section: 1A)

https://www.youtube.com/watch?v=cw62CpjP0v8&ab_channel=SpokenGospel)

G9: YouTube: (What's Your Identity?) (Section: 1A)

https://www.youtube.com/watch?app=desktop&v=HMq7QkR4fGI&feature=emb_title&ab_channel=Noname)

7. Group Activity

G7:

Give youth 10 minutes to find Bible verses then

Discuss as a group the image and likeness of God and how mankind is made in the image of God.

G8:

Play (would you rather) game with youth using below cards, let them say why. It will help a lot to know the youth and learn about how they think.

Would you rather
have to crawl
everywhere or run
everywhere?

Would you rather
never get angry or
never get jealous?

Would you rather
be without
elbows or knees?

Would you rather be
a kid or an adult
your whole life?

Would you rather be
the most popular
person at work or
school or the
smartest?

G9:

Game : Knowing God vs knowing about God

Another idea is to let youth fill in this table with their own words

Does not define my Identity (Can come and go)	Defines my Identity (Never changes)

8. Home Activity

G7:

Name: _____

Date: _____

Your Identity in Christ

A I S G G E H W C S C Y F L T X I R H M M U J Y
K O Y R D C A Z F F S M F V G J S Q Y Q K K R B
F H H U A D O P T E D M F G I R O B T E Z P O X
M F M D F E R P N Z T T R V R M W K X M G M A X
J N J E B E L O V E D J E N D V T J X P V E X I
N G Y E S M B M P N E W E Y E C W H Y Z A I C L
D O M A S T E R P I E C E I F M Q M C M A B Q J
Q T P G Y Z B I Z P D Y J H C A X L G K G R K Z
S R G A B W H V N U T S M N E X V B X V V F M D
V I C F C H C W O N D E R F U L O Q K B V B J B
K G V D Q O Q W Z F B X S C V R G L U L B O L D
C H X Q L L J P E X X A R A P L E X J F K J H Q
E T H V Q E U W T M N N D N X K G S E C U R E G
E E J J U H H M K C H D X Z T G I K F A D M R A
I O T B Y J F P O D U E P D C I E O O M L O H O
O U X C E Z C R W B K L G H W P T N R B C Y Z V
B S M C L E A N L C I H O R O W H G A F O K C
G M X W Q P T J P Z X G P U F D D E I S F S V E
N P S R W N D X P I P H J Q N Z K J V S P A G L
F D S M S H W M G G O T P T W X Z A E A V I A O
L O Y S R N K D V G E F H L J L V Z N D J N H G
R V M Y T M L M N B P U X E D R C W V O G T D R
W N K M T X O I P P N L Y F M I J S P R U F O E
X K I M H F C R M V V V C A H A P C W V M Z T L

secure	delightful	wonderful	new
whole	bold	saint	ambassador
masterpiece	adopted	beloved	forgiven
clean	free	righteous	

G8: Ask youth to search the bible for 5 verses that refer to faithfulness as children of God.

G9: Ask youth to put in writing a spiritual reflection for how our identity as children of God will impact the way we live.