



Christian Sexuality Education Lesson Plan **Grade 4-6: Christian Values**

	Grade 4	Grade 5	Grade 6
2A: My values reflect my Identity	Minor	Major	Minor
2B: What is sin?	Major	Minor	Major
2C: Morality vs law	Minor	Major	Minor
2D: Conscience vs respecting God	Major	Minor	Major
2E: Intrinsic vs extrinsic motivation	Major	Minor	Major

1. Lesson sub-topics

- My Value as a child of God
- **What** are the Christian Values?
- **How** to use the Christian values in our daily life?
- God's fear and respect in my life.

2. Lesson Objectives

By the end of this lesson, you will be able to:

- Understand the Christian values that are reflected in our Christ-like actions.
- Understand what it means to have God's fear and respect in our lives.
- Know when and how to say "No".

3. Servants' resources/references

- Curriculum guidelines.
- Bible.
- Sermon for Father Anthony Messeh (Faith in Action Part 1. I believe in God. But I don't fear Him).
- Online: Videos / songs.

4. Lesson Content and timing

Red: Sub-topic

Green: Open ended question for the students.

Blue: Conclusion

Purple: Verses within the lesson

Reminder the children to listen Attentively.

What does that mean? Attentively means listening with your (Mind, ears and eyes)

A. Review Previous lessons (5 Min.)

- Christian Identity

B. Opening / Icebreaker (5 Min.) Different for each grade: Example:

G4: YouTube: Holy Mighty Majesty (You need to listen to the words carefully)

https://www.youtube.com/watch?time_continue=9&v=iEZEjnwoSSw&feature=emb_logo

What words were used in this song to describe our Lord?

Holy, Mighty, Majesty, Great, King, Eternal one, The Lord.

What other words that you remember from the Bible that describe our LORD?

The Truth, Glorious, Creator of Heaven and earth...etc.

(Servants can tie this to section 2D during the presentation.)

G5: How would you react?

What would you do if your friend broke your cell phone?

What would be your motivation (Intrinsic Vs Extrinsic)?

Different people react in different ways.



G6: Dilemma (Morality Vs Law)!

We all know that Marijuana is legalized in Canada now.

What does that mean to us?

It is not illegal, does that make it Moral?

(Servants should clarify that if things are legal does not mean it is right.)



C. Present the new information/lesson Outline (40-45 Minutes)

Section I (10-15 Min.):

2A: My values reflect my Identity:



What does the word VALUE mean?

Something important to me. I hold myself up high to a standard.

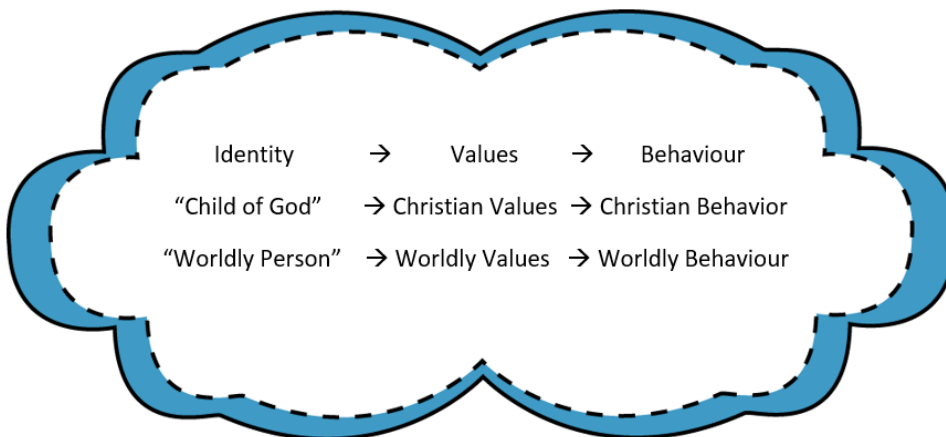
- Values are things I value and think of as a precious thing.
- They are more important than anything else, more important than happiness, than money and even feelings.

Why Do Values matter?

- Values give us skills to face trials and protect ourselves from sin.
- Values help us in making decisions: We think through an action before doing it and know the consequences.
- Values help us respect ourselves and others.
- Values give us a little nudge to act in a Christian way.
- Values are our guide in life, they shape our behavior.

Why do different people have different Values?

Because WHO you are, defines your value system.



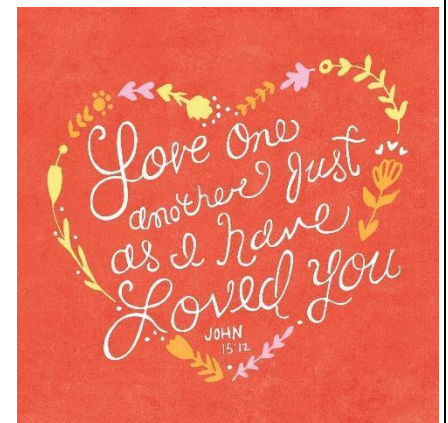
Where do our Christian Values come from?

Christian Values = God's Attributes = **THE TRUTH and Love.**

What is the most valuable value that Jesus taught us?

"You shall love the Lord your God with all your heart, with all your soul, and with all your strength". (Deuteronomy 6:5)

Jesus Himself demonstrated every type of love for us:

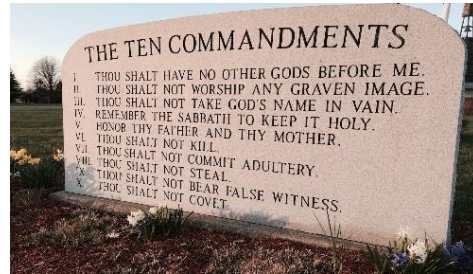


- He cared and respected His mother St. Mary.
- He loved His followers: He always cared to teach them & feed them (5 bread/2 fish).
- He even loved His enemies. Ex: when He was on the cross.

“Father, forgive them, for they do not know what they do.” (Luke 23:34)

What are some of our Christian values?

Discuss Values and commandments.

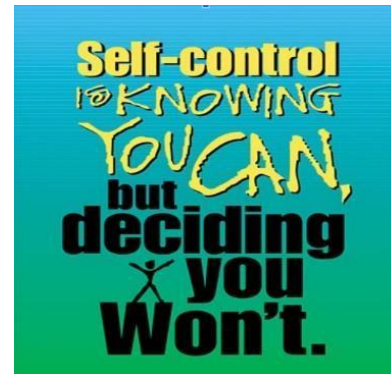


Some of the most important values that help us control everything are:

Self-Control & Self-Respect

What is Self-Control?

- ❖ The ability to manage our actions, feelings and emotions.
- ❖ The will-power to fight trials with the grace of God.
- ❖ The ability to control our thoughts.
- ❖ Knowing when to say: “NO” or “Yes”.
- ❖ Gives us the strength to stop any sinful actions.



How to practice Self-Control?

STOP: Before any action you take, STOP and Breathe!

Usually when we are angry, we make wrong decisions.

THINK: Does my action go along with my values? Do I glorify God with this? Is it safe? WHAT WOULD JESUS DO?

Ask: Will this make me more Holy? (1 Thessalonians 4:3 NKJV) “For this is the will of God, your sanctification”

ACT: When you are calm and feel you have Self-Control, then you can act according to your VALUES.

Scenarios for self-control: What do we do when...

G4: Your brothers or sisters bother you.

G4: Someone tempts you with chocolate during Lent.

G5: Your friends at church ask you to leave the liturgy and go chat for a bit in the lobby.

G5: Your friend on the bus asked you to come and watch some “Fun” Videos (you figured it has inappropriate content).

G6: You are at a friend’s house and they offer you a beer.

G6: Your friend offered you to try a CANDY medication, he says it makes him feel SO HAPPY and Energetic.

What is Self-Respect?

- ❖ It is a feeling that I behave with honor and dignity.
- ❖ It is the thought that “I respect myself”.
- ❖ I would not accept this on myself.
- ❖ I don’t do to others what I would not accept on myself.
- ❖ I respect my body and never expose it.
- ❖ Knowing my boundaries...And making sure that everyone around me also knows these boundaries.
- ❖ Having a sense of Pride and Confidence in my Identity in Christ and my values: We have self-respect when we value ourselves, our beliefs and our decisions.



Why is Self-Respect important?

I am the child of God and Jesus died for me.

I no longer seek to please others. I respect my body, my values and my beliefs.

- ❖ When I respect my body, my values and my beliefs. It becomes easier to say “NO” to whatever is not healthy for me. (Example: saying no to “Dirty jokes” or “SEXTing”) (G6)
- ❖ Makes it easier to respect others. A person with self-respect treats others how they want to be treated.
- ❖ Helps me decide my relationships. (Cut off any disrespectful relationship).

Scenarios for self-Respect: What do we do when or if...

G4: someone tries to or asks to or touches our body in a way that is not appropriate or makes your feel uncomfortable?

G5: someone dares us to peek at someone in the change rooms at the pool?

G6: Your friend in the class puts his/her arm around your neck, and they say that they are just playing? (especially if your feel unsure, uncomfortable or allow it?)

Objectives → To understand what Christian values are, and how they shape our lives.

2B: What is sin?

Sin is disobeying God’s commandments.

Consequences: Sin separates us from God.

Discuss: God commandments Vs our free will.





*“But your iniquities have separated you from your God”
Isaiah 59:2.*

So, God created Commandments that people can follow to help them know what’s right and wrong.

Objectives → To understand the problem of sin and how it separates us from God.

Section II (15 Min.):

Servants can use this section for an activity/video of choice (Please refer to the group activity section or Videos for each grade section).

Section III (15 Min.):

2C: Morality vs law:

- The law forbids robbery. When a person is caught; he will be judged and sentenced.
- (Conscience) is knowing what is right and wrong.
 - Respecting others is a good moral.
 - Watching TV or YouTube scenes for people with inappropriate clothing is sinful.



Showing bodies this way is disrespectful to the body that God created. Our bodies are the temple of the Lord and we should not conform to these sinful and offensive behaviors.

- The Bible teaches us to honor and keep our bodies holy, that way we respect God’s creation.
- Christian virtues are choosing the Truth & following Christ.

Is it enough to not do wrong? For example, I found \$20 on the playground? Do I take it? Do I leave it? or do I return it to the school’s office?

We should return it to the office. It’s not enough that we leave it there. Our value system as the children of God is to not only avoid doing the wrong but it also means that we do things right.

Can I block a member of the church if they are posting something inappropriate? YES

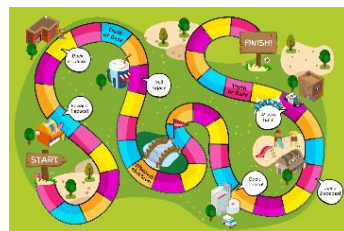
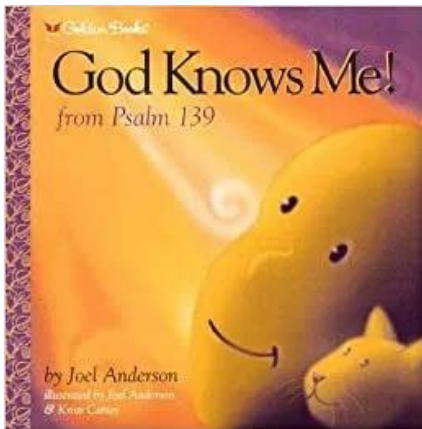
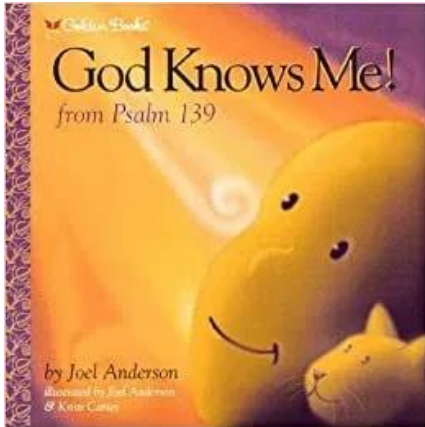
Objectives → To understand that we are ought not only to obey the law but also follow Christ. Law brings just life balance with no morals; Christianity brings love to the world.

2D: Conscience vs respecting God. (God’s fear and respect)

What are the different words that the bible used to describe God?

Holy, Mighty, Majestic, Eternal, Glorious, King of kings, Creator of Heaven and Earth, sits on the throne of His Glory...etc.

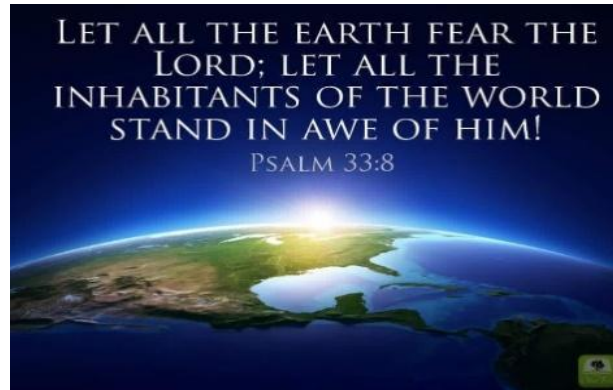
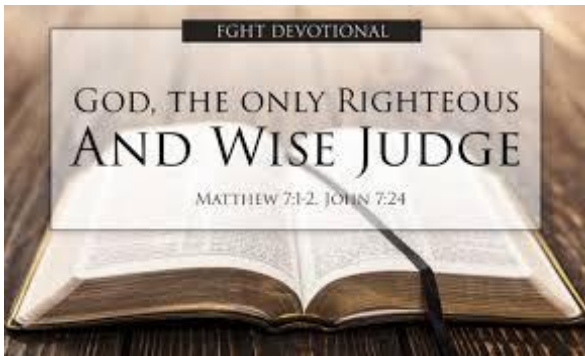
Imagine that Glorious God knowing me by name...not only that but loving me too!



Imagine that you are creating your own board game, you drew the game and you wrote some rules for the game. Then you invited 2 of your friends to play the game with you. After explaining the rules, one of your friends played by the rules. The other friend, did not respect your rules... He/She used their own rules to get to the finish line.

Would you be Happy?
Would you reward them both as winners?
Would that be fair to the player that followed your rules?

In something as simple as a game, you need to be fair ---> Imagine God the Creator of Heaven and Earth!!



Have discussions around:

How may the world interpret fear of God?

As a child of God what does “fear of God” mean?

How can fear of God help me in life?

Objectives → To correlate how glorious and mighty God is and to understand the correct meaning for fear of God.

2E: Intrinsic vs extrinsic motivation:

- We are born in Christian faith, but we need to choose to follow God.

We do not just follow Him, because we are told so. We actually choose God because we love Him.

- When we pray: It is because we want to seek God, talk to God, build a relationship with Him, not because it is a duty.

Objectives → To inspire the children to do prayers, bible reading, liturgy out of love not to get the mark on spiritual note, being with God is the reward.

Verse of the day:

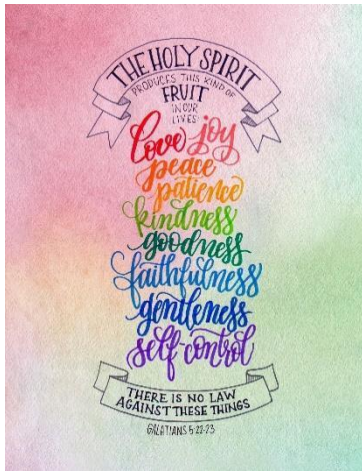
G4: “But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such things there is no law.” **Galatians 5:22-23**

G5: “But as He who called you is Holy; you also be holy in all your conduct.” **1 Peter 1:15**

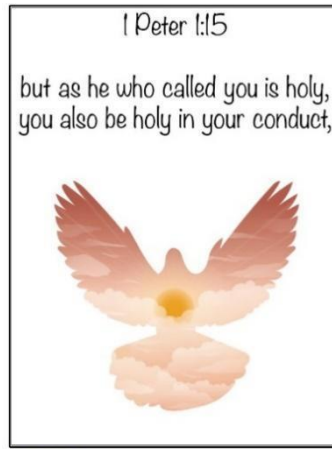
G6: “All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any.” **1 Corinthians 6:12**

(Printable for giveaways):

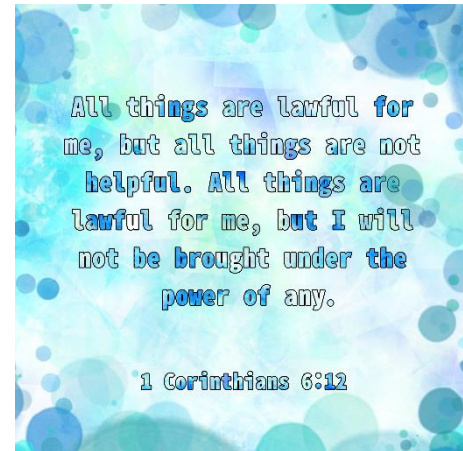
G4:



G5:



G6:



D. Lesson review and what did you learn in the session? (5 Minutes)

Review

- Why do different people have different values?
- What are some of our Christian values?
- What is self-control? Examples?
- What is self-Respect? Examples?
- What is Sin?
- Why do we pray?

Questions:



E. Prayer:

Heavenly Father,

Help me look to you and not the ways of the world, with humility of heart and self-control. Help me pursue your greater plan in my life. Lord don't let my desires blind me to your will. Help me walk in spirit and in truth and to do only those things that I have heard from You, through the Word of God and the gentle promptings of Your Holy Spirit in me and in the name of the only begotten Son Jesus Christ..

Please hear us when we say: Our Father...Amen

5. Practical application of the lesson to SSSs lives

- Bad language (Dirty Jokes/swears).
- Appropriate touching / holding hand.
- Knowing our boundaries.
- Respect and protect my body.
- Sexting.
- Know when to say No and How to say No.

6. Videos – Relevant for each Grade

Servant should introduce the video, ask students to listen carefully and set some expectations for a discussion after watching the video.

G4: YouTube: Holy Mighty Majesty (Icebreaker)

https://www.youtube.com/watch?time_continue=9&v=iEZejnwoSSw&feature=emb_logo

G5: YouTube: (Circle of Kindness) (2A)

<https://www.youtube.com/watch?v=fD-LKmOI4Kk>

G6: YouTube: What Matters Most (2A)

<https://m.youtube.com/watch?v=Lg-wNxJ5XxY&feature=youtu.be>

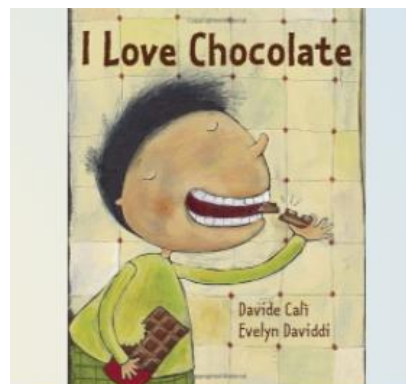
7. Group Activity

G4: Let's Role-play: What would you do if....?

Choose children to role-play responding to these situations in a way that reflects our Christian values while practicing self Respect and self Control.



When our brothers or sisters bother us.



When someone tempts us with Chocolate during Lent.



If someone wants to touch our body in a way that is not appropriate.



If someone dares us to peek on someone in the change rooms at the pool!



When our friends at church ask us to leave the liturgy and go chat for a bit

G5: The Secret Code: "But as He who called you is Holy; you also be holy in all your conduct." 1 Peter 1:15



The Secret Code

Code key	
A 1	N 14
B 2	O 15
C 3	P 16
D 4	Q 17
E 5	R 18
F 6	S 19
G 7	T 20
H 8	U 21
I 9	V 22
J 10	W 23
K 11	X 24
L 12	Y 25
M 13	Z 26

Unveil the secret Bible message.

Each number stands for a letter of the alphabet.

Write the correct letter in the blank.

----- ,
 2 21 20 1 19 8 5 23 8 15 3 1 12 12 5 4 25 15 21 9 19 8 15 12 25

----- .
 25 15 21 1 12 19 15 2 5 8 15 12 25 9 14 1 12 12 25 15 21 18 3 15 14 4 21 3 20

G6: Christian Values:

Get each child to select a value off this heart and talk to the class about it.

- Why did they choose this value?
- How does it represent us as Christians?
- How do values help us in our lives?
- How does it get us closer to God?



8. Home Activity with mom/dad

G4: Find the way to Jesus...remember Self Respect & Self Control.

I CHOOSE TO FOLLOW JESUS

EACH AND EVERY DAY

Start

Choose

The

Right

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G5: Cross words: Fruits of the Holy Spirit.

The Fruit of The Spirit


Galatians 5:22-23

i	c	s	j	e	m	r	i	v	l	y	l	s	a	j
a	a	i	c	s	t	w	i	t	p	i	k	s	j	l
d	s	a	s	h	s	d	z	m	q	d	g	e	t	r
s	e	e	r	s	k	e	j	e	g	f	s	n	q	n
p	r	r	i	h	e	r	n	d	u	s	q	e	q	i
z	v	f	v	f	g	n	a	d	e	r	k	l	t	h
b	y	g	i	g	c	m	d	n	o	i	r	t	u	j
u	c	n	t	f	c	o	i	n	s	o	o	n	t	b
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h	d	o	q	h	q	p	s	r	r	o	e	i	d	j
m	t	f	t	i	a	q	w	i	t	o	u	y	z	w
m	u	i	p	f	b	i	q	p	z	w	i	p	o	j
s	a	j	q	s	m	f	b	r	d	e	v	o	i	j
f	v	s	o	m	d	v	p	a	t	i	e	n	c	e

love
joy
peace

patience
kindness
goodness

faithfulness
gentleness
self-control



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G6: Christian values crossword:

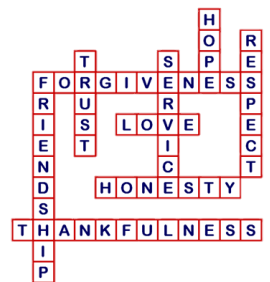
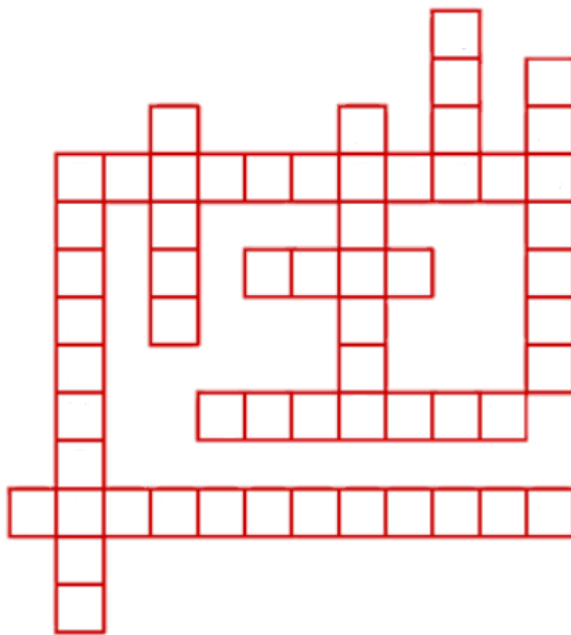








Forgiveness
 Service
 Trust
 Hope
 Respect
 Thankfulness
 Honest
 Love



G4/G5/G6: At bedtime, try closing your eyes and imagining the Heavenly kingdom with Christ, His angels and saints. 😊

Homework

Tonight
at
bedtime

Heavenly
Kingdom

Close
your
eyes and
imagine

