



## **Christian Sexuality Education Lesson Plan** **Grade 1-3: Relationships in Christianity**

	Grade 1	Grade 2	Grade 3
5A: Marriage & family	<b>Major</b>	Minor	Minor
5B: Examples of Biblical Families	<b>Major</b>	Minor	<b>Major</b>
5C: Friends	Minor	<b>Major</b>	Minor
5D: Having a Crush	Minor	Minor	<b>Major</b>

### **1. Lesson sub-topics**

- What is a family?
- Can you think of examples of Biblical families?
- What makes someone a good friend?
- Christian view about having a crush?

### **2. Lesson Objectives**

By the end of this lesson, you will be able to:

- Understand the basics of Christian family.
- Get your minds on God's plan for how the family should have a dad and a mom.
- Get to know the basics of friendship and how to choose a friend.
- Understand that admiration feelings are normal, however they do change. It is important to learn to discuss with parents and Father of confession.
- Understand what is considered inappropriate touching.

### **3. Servants' resources/references**

- Curriculum guidelines.
- Bible.
- Online: Videos / songs

#### 4. Lesson Content and timing

**Red: Sub-topic**

**Green: Open ended question for the students.**

**Blue:** Conclusion

**Purple: Verses within the lesson**

Reminder the children to listen Attentively.

**What does that mean?** Attentively means listening with your (Mind, ears and eyes)

#### A. Review Previous lessons (5 Min.)

- Purity
- Decision making
- Christian values
- Christian identity

#### B. Opening / Icebreaker (5 Min.) Different for each grade: Example:

##### G1: Riddle game:

"We were the first people God ever made. We lived in a beautiful garden, but we disobeyed God by eating the fruit from the tree of knowledge of good and evil. We loved God and God forgave our sins. Who are we? (**Adam and Eve**)

God asked me to build a big boat. He told me to fill it with all of my family and all the different animals. I loved God and God forgave my sins. Who am I? (**Noah**)

My dad gave me a beautiful coat made of lots of different colors. My brothers sold me into slavery. I loved God and God forgave my sins. Who am I?

(**Joseph**)

My mommy hid me in a basket when I was just a baby to save my life. Later, God gave me ten important commandments. I loved God so much and obeyed His commandments. Who am I? (**Moses**)

##### G2: Riddle game

I was the son of Zacharias and Elisabeth. Who am I? "**John the Baptist**"

I am the brother of Moses. Who am I? "**Aaron**"

I named the animals. Who am I? "**Adam**"

This woman was created so Adam wouldn't be alone and the way that God made her. was by using Adam's rib bone "**Eve**"

It's amazing what this person did with a pebble and a sling, he got rid of a giant and eventually became king "**David**"

##### G3: Riddle game:

- It belongs to you, but your friends use it more. What is it? "**Your name**"
- How many animals did Moses take on the ark? **A: Moses didn't take anything on the ark. Noah did!**
- I climbed up into a sycamore tree to see Jesus? Who am I? **Zacchaeus**
- I am Jacob's youngest son. Who am I? "**Benjamin**"
- I am the number of days of temptation Jesus endured in the wilderness. What number am I? "**40**"
- I climbed out of the boat to meet Jesus walking on the water. Who am I? "**Peter**"

## C. Present the new information/lesson Outline (40-45 Minutes)

### Section I (10-15 Min.):

#### 5A: Marriage & family

What is family?

The Christian family consists of one husband and one wife like mom (female) and dad (male) who are united by God for their entire lives. The day they get married, husband and wife live together and build their family and may have children like you.

They were married in the church where the priest performs the Marriage Sacrament. God planned for married people to always be married, and committing themselves to each other. It is a lifelong commitment, because God wanted married people to enjoy living with each other for life.

“So God created man in His own image; in the image of God He created him; male and female He created them. Then God blessed them, and God said to them, “Be fruitful and multiply; fill the earth” (Genesis 1:27-28)

God’s plan for the family is to be a husband and a wife and they may have children and be happy. When we play as a family, we have lots of fun, when we pray together God blesses our family and keeps us together.

**How should we treat our family members?**

**How do we talk to each other? Tone?**

**Do we remember to say encouraging words?**

**Do we check on each other? Do we ask how the day was?**

**Do we help each other at home?**

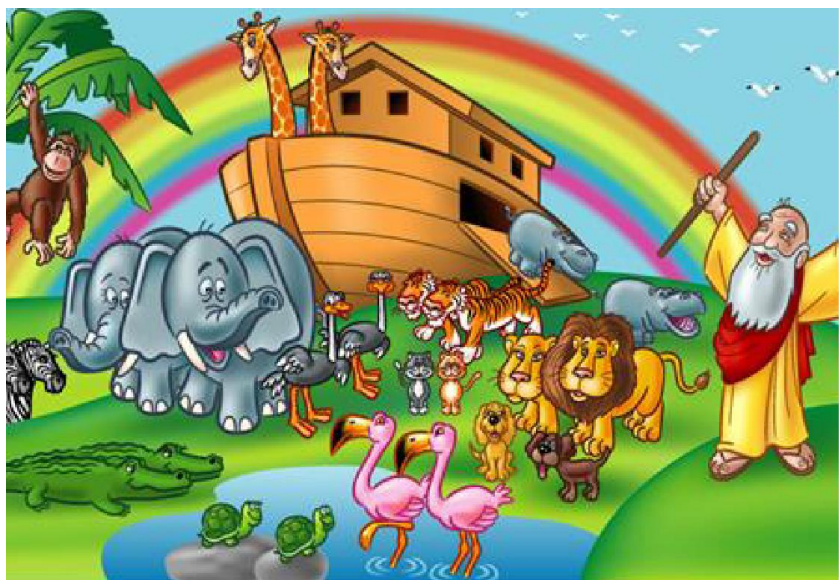
My parents are always there for me out of love, they do not get paid or gain anything for taking care of me. It is just their God-given love for me!

**Objective --> To understand the basics of Christian family.**

#### 5B: Biblical Families

Can you think of examples of families in the Bible?

How many people are in Noah’s family?  
And who entered the ark?



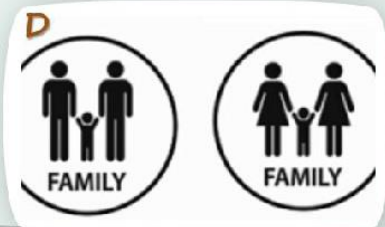
### Why did God ask Noah to take two of each kind?

To have more animals ... to have a lion cub, a male lion and female lion need to be together.

You cannot have a male elephant and female elephant give birth to a giraffe!

And after the flood God made a rainbow to show in the sky as a reminder to His promise that He will never flood the earth again.

### What other families in the bible?



What is different here?

### Which family of those follows God's plan?

Some people choose not to follow Christ and choose to live outside God's plan for marriage. Christians understand God's plan through the Bible, for marriage to be between a man and a woman. We treat everyone the same way and it is not our place to judge their choices. God chose my gender, both genders are valued the same way before God but are not identical.

### If a boy wears a princess' dress, would that make him a girl?

Answer: No, clothing does not change who we are. Being a boy or a girl is already gifted by God and clothing does not change who we are.

### My school is having a day where girls can dress up in men's clothes and boys dress up in women's clothes. For example, a boy wears a dress and says he is a girl. Is that ok?

Answer: God warned us in the Bible, that it is **not okay** we should respect who we are. Clothing will not change my sex that God created me with.

**For servants only, the correct meaning of the following verse is for people who purposely dress in opposite sex to attract or promote the same sex attraction**

*"A woman shall not wear anything that pertains to a man, nor shall a man put on a woman's garment, for all who do so are an abomination to the Lord your God."* (Deuteronomy 22:5)

**However we should continue to discourage kids from dressing opposite to their sex as this creates useless/unnecessary confusion and promotes the ongoing flood of gender fluidity.**

**Objectives --> To understand that every newborn comes from a mom and a dad. God's plan for family a husband and wife united with Him through holy matrimony.**

### Section II (15 Min.):

Servants can use this section for an activity/video of choice (Please refer to the group activity section or Videos for each grade section).

### Section III (15 Min.):

#### 5C: Friends

It is good to have friends. Being a friend to someone means you care about them, you be good to them and help them when they need you.

A great example for friendship in the Bible is David and Jonathan "the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul" (1 Samuel 18:1). King Saul the father of Jonathan wanted to hurt David and David did not do anything wrong.

Jonathan helped him as he was a true loving friend.

### What makes someone a good friend?

- (The story of David and Jonathan teaches us - 1 Samuel 18)
- Godly person and choose God's way in everything.
- Respects my boundaries
- Loving -Caring - Values me - Helps me be a better Christian

“Two are better than one, because they have a good reward for their labor. For if they fall, one will lift up his companion” (Ecclesiastes 4:9-12)

**Objectives --> To understand the basics of friendship and how to choose a friend.**

**5D: Crush**

Did anyone hear the word crush before?

Not this kind of crush!

Sometimes a boy may like a certain girl or a girl like a particular boy, those feelings may continue for days or weeks. But it really goes away fast, so it is better not to talk about it with other kids. **Why?**

Because other kids may make fun of it or tell everyone about it. Those feelings are normal and it is good to talk about it with your mom or dad. That’s why God created Adam and Eve as adults.



**Objectives --> To understand that admiration feelings are normal, however they do change and learn to discuss it with a trustworthy adult.**

**Verse of the day:**

**G1:** “Honor your father and your mother, and, You shall love your neighbor as yourself” (Matthew 19:19)

**G2:** “A friend loves at all times, And a brother is born for adversity.” (Proverbs 17:17)

**G3:** “Therefore what God has joined together, let not man separate.” (Mark 10:9)

(Printable for giveaways):

**G1:**



**G2:**



**G3:**



#### **D. Lesson review and what did you learn in the session? (5 Minutes)**

##### **Review**

- According to God's plan, what would a family consist of?
- How do you choose your friends?

##### **Questions:**



##### **E. Prayer:**

*Heavenly Father,*

*We thank you for everything You have given us; our parents, our grandparents, our brothers and sisters. Thank you, Lord, for Your sacrifice; You came for our sake. You died for our sake. You resurrected to give us a chance to live.*

*We ask You Lord to bless our families at home; our families at church – our Sunday school servants, the priests of our church and all the members of Your church. Please help us so we can be kind to one another. Please help us so we can choose friends that will bring us closer to You.*

*Please hear us when we say: Our Father...Amen*

## 5. Practical application of the lesson to SSSs lives

These are only examples:

- Boyfriend / girlfriend.
- Appropriate touching / holding hand.
- Listening to inappropriate music.
- Watching inappropriate videos or movies.
- Watching nude pictures

## 6. Videos – Relevant for each Grade

Servant should introduce the video, ask students to listen carefully and set some expectations for a discussion after watching the video.

**G1: Genesis 24 Isaac and Rebekah Kids Bible Lessons Lesson Video - YouTube**

<https://www.youtube.com/watch?v=nT4WjE3oZwU>

**G2: Animated Bible Stories: David & Jonathan's Friendship - 1 Samuel 18 | Online Sunday School - YouTube**

<https://www.youtube.com/watch?v=ESVYqNqygtE>

Teacher to explain that When king Saul stopped following God, an evil spirit tried to control .. change the video  
OR:

**David and Saul - YouTube**

[https://www.youtube.com/watch?v=7QoyWYIyvOI&list=PLginDddvC9PO3xl6AU\\_cg8Jc1wmu4RoKH](https://www.youtube.com/watch?v=7QoyWYIyvOI&list=PLginDddvC9PO3xl6AU_cg8Jc1wmu4RoKH)

**G3: (Loving Your Family | A Sunday School lesson for kids! - YouTube )**

[https://www.youtube.com/watch?v=eqQtIB\\_j-1g](https://www.youtube.com/watch?v=eqQtIB_j-1g)

## 7. Group Activity

**G1: Noah's ark coloring page**

[Animals-on-Noahs-Ark-Coloring-Pages.jpg \(1677×1498\) \(bestcoloringpagesforkids.com\)](https://www.bestcoloringpagesforkids.com/Animals-on-Noahs-Ark-Coloring-Pages.jpg)

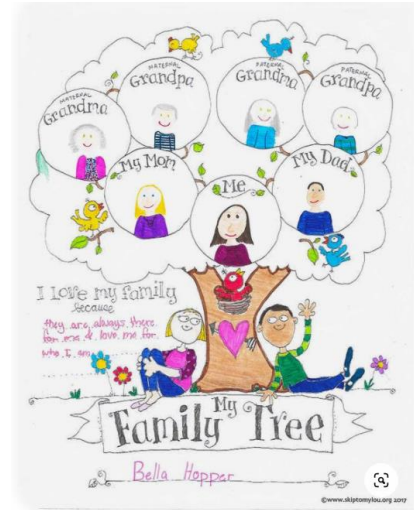




**G2: Family tree – group activity.**



**Example:**



**G3: House on rocks vs house on sand**



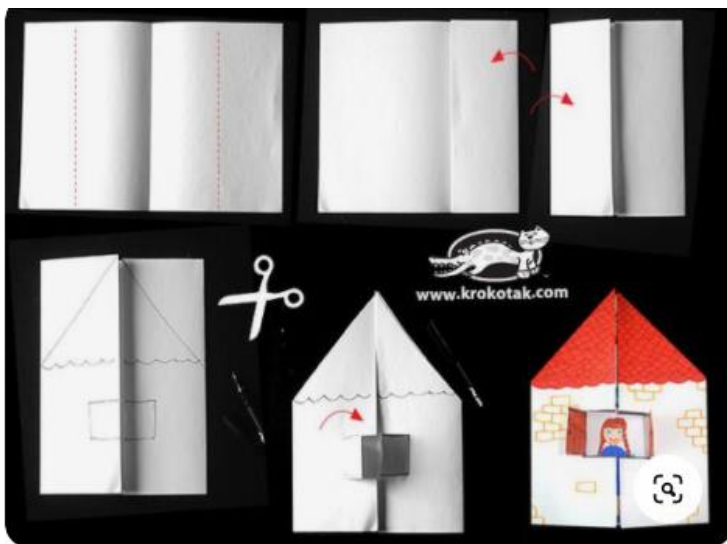
- Build a house on a rock and a house on the sand.
- Use a watering can to "rain" on the house.
- Watch the house built on the sand wash away, while the house on the rock stands strong!

## 8. Home Activity with mom/dad

### G1: God gave me family craft:



### G2: I love my family craft



**G3: Get-to-know-me questions to ask your parents:**

*QUESTIONS for children TO ASK their PARENTS*

1. What was a typical school day for you as a kid?
2. What sort of music did you listen to?
3. What was your favorite way to spend your time?
4. Who were your best friends?
5. Who is your favorite saint?
6. Describe to me your mom. What was she like?
7. Describe to me your dad. What was he like?
8. What did your mom do for work?
9. What did your dad do for work?
10. What is your earliest memory?
11. What is your favorite Bible story?
12. What is something special that happened to you?
13. What is something terrible that happened to you?
14. Tell me about your brothers and sisters.
15. What did your house look like?
16. What sort of street did you live in?
17. What was your neighborhood like?
18. Did you wish to see Jesus?
19. What did you do every afternoon after school?
20. What was your favorite subject at school?
21. What was your worst subject at school?
22. Were you ever scared of anything?
23. What were you most proud of as a kid?
24. When did you first meet my mom/dad?
25. Pick three words to describe your personality.
26. What are the most important lessons you have learned over time?
27. What was your church when you were young?